



# DEV SANSKRITI COLLEGE OF EDUCATION & TECHNOLOGY

Khapri, Dhamdha Road, post-Jewra sirsra, Distt-Durg, Durg (C.G)

Accredited With B+ Grade by NAAC

Affiliated to Hemchand Yadav Vishwavidyalaya, Durg(C.G)

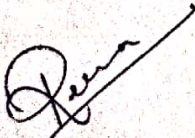
website:WWW.dscet.org, Email- [enqiry@dscet.org](mailto:enqiry@dscet.org) Mobile: 7987165676,7400606011

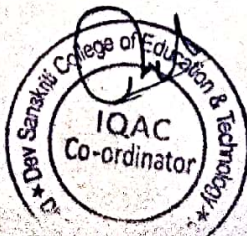
(founded & Managed by Ved Mata Gayatri Shikshan Samiti, Regd. No.-(1553/20/11/2006)

## Syllabus

### Communication Skill

| Unit No | Topic Of the Unit  | Theory Period | Practical Period | Total period |
|---------|--|---------------|------------------|--------------|
| 1.      | Weekly Structure :-<br>1. Introduction to the soft skill<br>2. Introduction to communicative English (speaking skills)<br>3. Group discussion skill and interview skills<br>4. Body language and etiquettes week | 5             | 5                | 10           |
| 2.      | Portfolio making Week 04:-<br>1. Reading Skills<br>2. Writing Skills<br>3. Public Speaking Skills<br>4. Presentation by the students   | 5             | 5                | 10           |
| 3.      | 1. Goal setting and getting ready for a job<br>2. Emotional intelligence skills<br>3. Life skills<br>4. Negotiation skills. evaluation.<br>5. Feedback day wise time line schedule                               | 5             | 5                | 10           |
|         |  | 15            | 15               | 30 Hours     |

  
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# LANGUAGE COMMUNOCATION SKILL 2022-23



  
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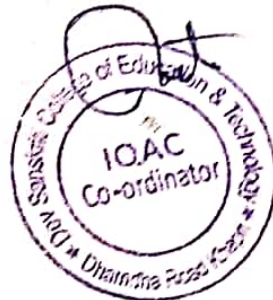


## Certificate Of Completion Communication Skill Course

This Is Certify That Mr/Mrs..... KANU PRIYA (B.Ed.)..... Has  
Successfully Completed 30 Hours Of Certificate Course In Communication Skill For The  
Youth. From 16/01/2023 To 30/01/2023 At Dev Sanskriti College Of Education &  
Technology Khapri, Dhamdha Road Durg (C.G.)

  
Director

Director  
Dev Sanskriti College of  
Edu. & Tech. Khapri, Durg



  
Principal

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## Syllabus

### Yoga

| Unit No.     | Topic of the Unit  | Theory Period | Practical Period | Total Period |
|--------------|--|---------------|------------------|--------------|
| 1.           | 1. Etymology, Meaning and misconception of yoga.<br>2. Objective/ importance and aims of yoga.<br>3. Important of Time, place and season.<br>4. Helping and disturbing elements of yoga<br>5. Ethics of yoga :- Yama-s and niyama-s according to patanjali yoga sutra. | 4             | 4                | 8            |
| 2.           | 1. Yoga in Veda's Upanishad =s purana-s<br>2. Yoga in smrit-s srinadbhagvadgeeta,<br>3. Karmayoga, bhaktiyoga, jainyoga.<br>4. Rajayoga, Hathyoga, astangayoga, kundalini yoga   | 4             | 4                | 8            |
| 3.           | 1. Patanjali yogasutr, shrimad bhagwadageeta.<br>2. Gherannda samhita, hatyoga, pradeepika.<br>3. Goraksha padati. siddha sidhantpadati.<br>4. hatha ratnavali, shiv shmhita   | 4             | 4                | 8            |
| 3.           | 1. Matsendranatha, gorakshanatha<br>2. Parmahansa ramkrishn, swami vivekanand<br>3. Parmahansa yoganandji, shri arvind.<br>4. Swami shivanand, swami satyanad saraswati  | 3             | 3                | 6            |
| <b>Total</b> |  | <b>15</b>     | <b>15</b>        | <b>30 H</b>  |

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# LIFE SKILL YOGA 2022-23



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12/11/22 08:31 AM GMT +05:30

Google



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## Certificate Of Completion

### Life Skill Yoga Course

This Is Certify That Mr/Mrs.....POOJA GUPTA (B.Ed.)..... Has  
Successfully Completed 30 Hours Of Certificate Course In Life Skill YOGA For The Youth.  
From 12/11/2022 To 26/11/2022 At Dev Sanskriti College Of Education & Technology  
Khapri, Dhamdha Road Durg (C.G.)

Director

Director

Dev Sanskriti College of



Principal

PRINCIPAL

Dev Sanskriti College





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## Syllabus

### Personality Development

| Unit No. | Topic of the Unit  | Theory Period | Practical Period | Total Period |
|----------|--|---------------|------------------|--------------|
| 1.       | <b>Personality Personal grooming &amp; Body Language</b><br>Definition, elements, determinants, personal hygiene, social effectiveness, business etiquettes (power dressing), non verbal communication , type of body language, function of body language, role of body language | 5             | 5                | 5            |
| 2.       | <b>Art of Good communication</b><br>Verbal and non verbal communication difference between oral and written communication, importance of effective communication,  | 5             | 5                | 5            |
| 3.       | <b>Team Behavior, Group Discussion &amp; interview preparation</b><br>Types of team, team role and behavior, do's and don't introduction, resume writing, dress code, mock interview, how to be successful in an interview   | 5             | 5                | 5            |
|          |  | 15            | 15               | 30 Hours     |

  
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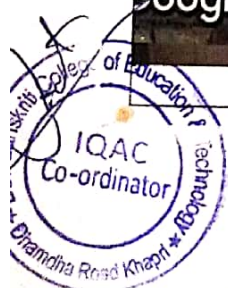


  
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# SOFT SKILL PERSONALITY DEVELOPMENT 2022-23



  
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## Certificate Of Completion

### Personality Development Course

This Is Certify That Mr/Mrs.....ARTI YADAV (B.Ed.)..... Has  
Successfully Completed 30 Hours Of Certificate Course In Personality Development For The  
Youth. From 25/07/2022 To 18/08/2022 At Dev Sanskriti College Of Education & Technology  
Khapri, Dhamdha Road Durg (C.G.)

Director

Dev Sanskriti College of



Principal

PRINCIPAL  
Dev Sanskriti College of

